



# **Arena Safety**

Jeff Pajot
Health and Safety Consultant







## **PSHSA Vision:**

Enable a healthier and safer tomorrow for Ontario's Public Sector Community



#### **About PSHSA**

We guide Employers in all things health &

safety:

Consulting

Resources

Training

**Goal**: reduce workplace risks and **prevent** occupational injuries & illness



#### Who We Are

PSHSA serves 1.7 million workers across 10,000 workplaces within broad range of Public sectors.



Emergency Services



- Policing
- EMS
- Security
- Corrections



Healthcare

- Hospitals
- Long-term Care
- Community Care
- Diagnostic Services
- Public Health
- Mental Health
- Treatment Services



Education



Government

- School Boards
- Universities
- Colleges
- Museums
- Libraries

- Municipal Gov.
- Provincial Gov.
- Transit
- Parks & Rec.
- Public Works
- First Nations





**Building Community Since 1947** 



## Fernie B.C. Tragedy

- Oct. 2017: 3 dead ammonia leak Fernie arena
- ammonia colourless gas, very toxic if inhaled





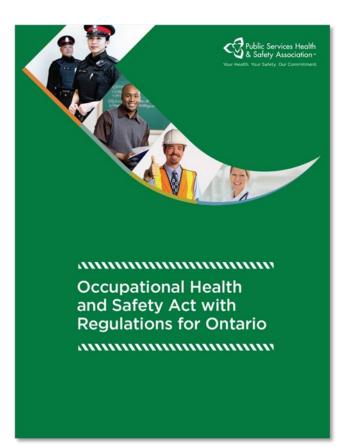
# Fernie B.C. Tragedy

#### Root causes:

- Aging system
- Lack of proper maintenance & procedures
- Poor risk assessment & control
- Faulty system design & equipment
- Poor organizational management (e.g. infrastructure lifecycle management)
- Disabling of safety devices



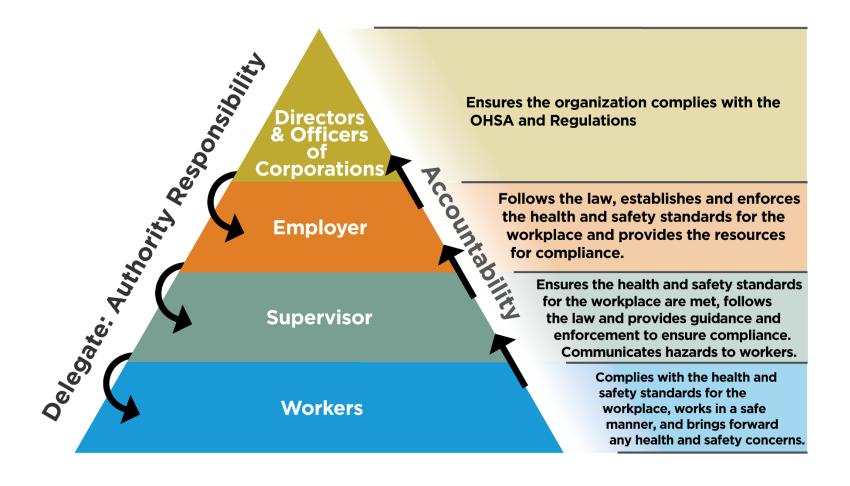
What is purpose of OHSA?



**ଔPSHSA.ca** 







What are main Health & Safety hazards in arenas?



SPSHSA.ca





- Refrigeration e.g. ammonia
- Slips, trips and falls
- Working at heights
- Musculoskeletal Disorders e.g. low back injury
- Working alone
- Violence & Harassment
- Chemicals e.g. carbon monoxide
- Equipment
- Young workers

# **Refrigeration Plants**



**♥ PSHSA.ca** 





- Ontario governing body for Boilers and Pressure Vessels and Operating Engineers e.g. arena refrigeration plants
- Operating Engineers (OE) Safety Program registers, inspects and regulates the safety of plants in Ontario.
- Responsible for examination and certification of professionals who manage, operate and maintain plants and the equipment



## **Big Gap**

 In reality, most plants are failing to meet minimum regulatory compliance





# Slips, Trips & Falls





## Slips, Trips & Falls

- Workers on ice
- Liquid on floors (snow, rain, spills)
- Equipment in walkways

#### **Controls**:

- Helmets ice workers
- Spill clean up
- Absorbent mats
- Footwear





# **Working at Heights**





## **Working at Heights**

- Ladders
- Person Lifts
- Roof maintenance
- Installing banners

#### Controls:

- Working at heights program
- Ladder safety program



**Musculoskeletal Disorders** 

(MSD)



**♥PSHSA.ca** 

# Musculoskeletal Disorders (MSD)

• 40% of all loss-time injuries <u>Injury to:</u>

- Muscles
- Tendons
- Nerves
- Blood vessels
- Cartilage
- Ligaments
- Spinal discs







## **MSD Stages**

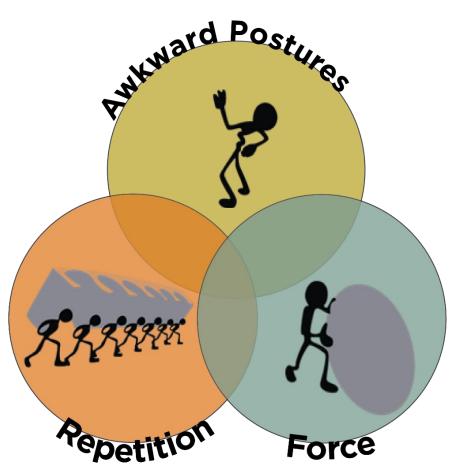
Stage 2

Stage 1
Signs or
symptoms at
work, can
continue working,
symptoms
decrease with
rest

Sign and symptoms come and go more frequently even after work, usually seek medical attention Signs and symptoms do not leave, disturb sleep pattern, pain even when resting

Stage 3

## **MSD Primary Risk Factors**



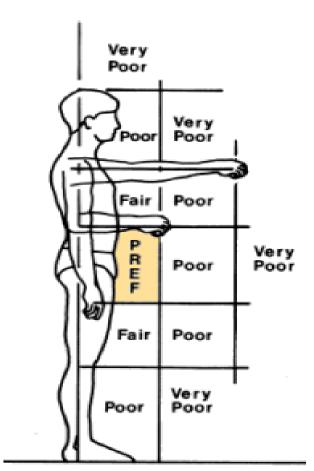
**♥PSHSA.ca** 

Factors can occur in combination



# **Working Heights**











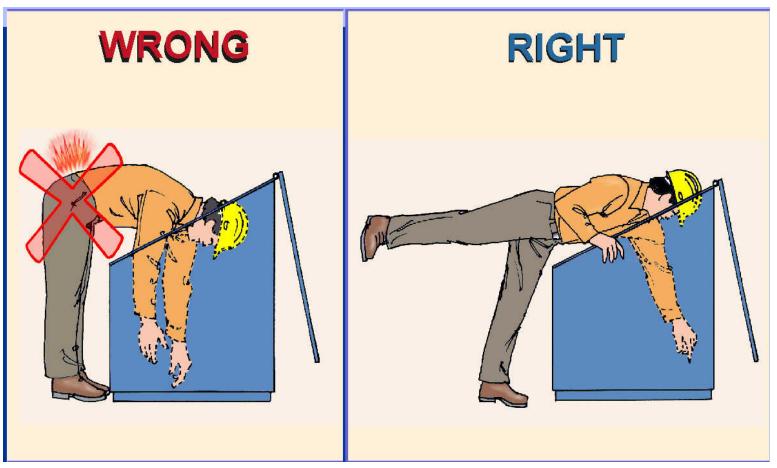
# **High reaching**





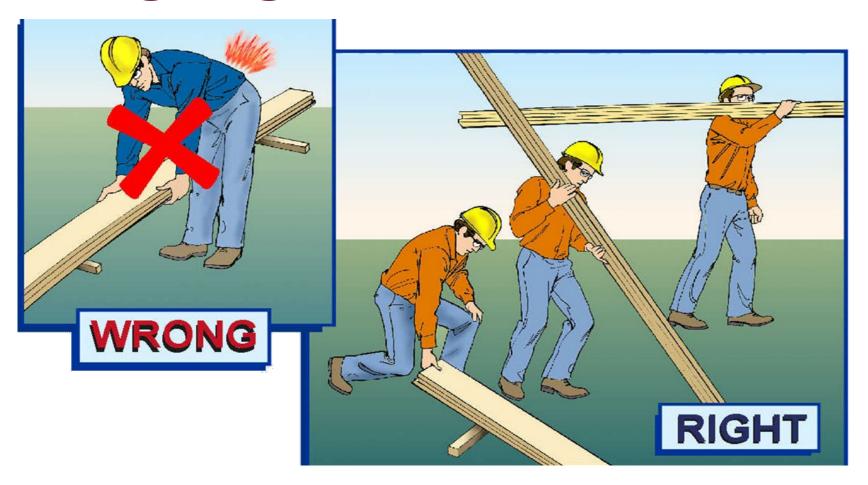








## **Lifting long loads**



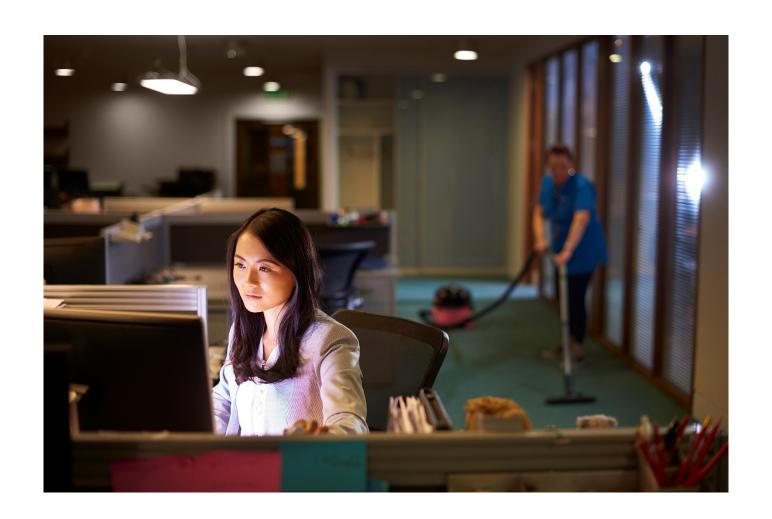


# **Manual Lifting**





# **Working Alone**





## **Working Alone**

- Low staffing levels
- Working off hours (e.g. night)

### Controls:

- Working alone program
- Communication
- Staff checks (e.g. when leave building)
- Security system

## **Violence & Harassment**





**♥PSHSA.ca** 

## Violence & Harassment

- Dealing with public
- Bullying & harassment by co-workers
- Crime or Terrorist (e.g. Las Vegas shooting)

#### **Controls**:

- Violence & harassment program
- Violence risk assessment
- Security system
- Lighting parking lot
- Park close to building at night

PSHSA.ca

#### **Chemicals**





33



#### **Chemicals**

- WHMIS 2015- are you compliant? Deadline: Dec. 1, <u>2018</u>
- Volatile organic compounds (gas, oil, Varsol etc.)
- Cleaning products e.g. never mix bleach and ammonia



# **Chemicals Dangerous Gases**

- Carbon monoxide (CO)
- Nitrogen dioxide (NO<sub>2</sub>)
- March 2019: carbon monoxide exposure in St. John's Arena- 80 people hospitalized

# **Chemicals Dangerous Gases**

- > Sources:
  - ice resurfacer if gas combustion engine
  - Heating system
- ➤ Options: Electric resurfacer (high initial cost but save \$ gas)
- > Heating system maintenance





PSHSA.ca

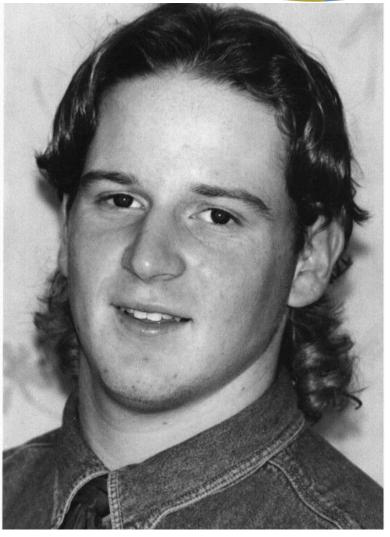
**Equipment** 





- Silverwoods Arena City of London, 1996
- Overflow hot water onto gas tank
- Gas vapour escaped
- Explosion ignited by pilot light of natural gas hot water tank
- Severe burns, died 10 days later

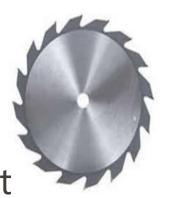






## **Equipment**

- Hand tools
- Powered equipment
- Material handling equipment





#### **Controls**:

- Training in safe use of equip.
- Supervisor enforce compliance







 Let's start with facility management – when you leave your office do you wear all your PPE? Do you lead by example?



## **Young Workers**



 Often given minimal training

 The MOL is focused on ensuring young workers stay safe at work – are you?



## **Emergency Plan**



Legislation requires
 Emergency plans

Up to date?



### **Local EMS**



- EMS are often unprepared to deal with a significant refrigerant leak
- E.g. bunker gear won't prevent ammonia gas burns





- Aging infrastructure
- Financial pressures to maintain existing old equipment
- Retirement of skilled facility staff
- Young inexperienced workers
- Increasing compliance obligations



Safe arena operations is within reach







All workplace parties have a stake in creating and maintaining safe workplaces!



# A&Q





# Jeff Pajot jpajot@pshsa.ca (705) 868-5793



Your Health. Your Safety. Our Commitment.

# Thank you!









