

Working Together – Municipalities and Harvest Haliburton collaborating on Food System Planning



harvest
HALIBURTON

Outline

- Haliburton County & Harvest Haliburton
- Community Food Assessment
- Food System - Importance & Benefits
- Municipalities Supporting Food System
- Challenges & Keys to Success
- Resources
- Questions





County of

HALIBURTON

Ontario, Canada

Have you visited
Haliburton County?



#MY Haliburton
HIGHLANDS





harvest
HALIBURTON

www.HarvestHaliburton.com

Grass roots

Volunteers

Support creation sustainable food
system for Haliburton County

Community Gardens



Farmers' Markets



Community Kitchen



DIG IN!

Learn o Grow o Eat
A series of workshops about food!
Growing, Preparing & Preserving



Community Food Assessment (CFA)

“A CFA is a **powerful** way to tell the **story** of what is happening with **food** in a community, and to **mobilize efforts** to **improve** the **food system**.

Through such assessments, **diverse stakeholders work together** to **research** local food system, **share findings**, and **implement changes** based on their findings & recommendations.”

Community Food System Assessment Washington
State University Extension Service

January 2014

Recruiting CFA Steering Committee



Prior to CFA work need to focus on **diverse stakeholders** work together

Educate Key Stakeholders & Decision Makers

Collaborative Process

Build Partnerships

Engage Community Members

Cultivate Trust

Establish a CFA Steering Committee

- pride & ownership



Spring 2014

Assessment Priorities

- Municipal Food Policies
- Food Production & Consumption
- Food Access



Municipal Food Policy Working Group

Fall 2014 - Winter 2015

- Hired Consultant with Land Use Planning expertise
- Reviewed local OPs
- Reviewed other municipalities' OPs with similar features i.e. rural, lack prime agricultural lands, seasonal tourism major economic base



Municipal Food Policy Working Group

Fall 2014 - Winter 2015

- Environmental Scan
- Interviews with Key Stakeholders
- Set Priorities and made recommendations for policy adoption as it relates to the Official Plan



Food and the Official Plan Report



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Why invest in our food system?

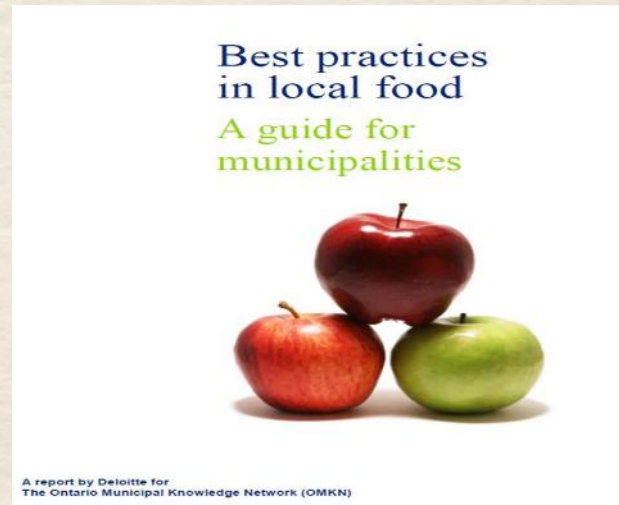
Food System



Benefits

- ✓ Economy – creates jobs, attracts entrepreneurs & youth, builds resiliency, aligns with County Tourism goal – Culinary Destination
- ✓ Environment
- ✓ Health
- ✓ Cultural Heritage

How Municipalities can help Support Food System Planning





Municipality of
Highlands East
supporting food system



Seed Library & Community Gardens



Municipality of
Dysart et al
supporting food system



**Community
Apple Sauce Project**

**Have Lots of Apples?
Drop off to One of These
Convenient Locations!**

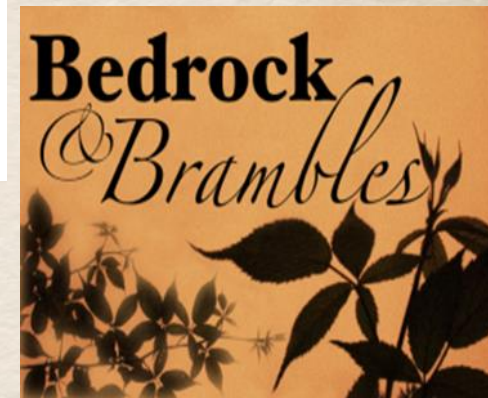
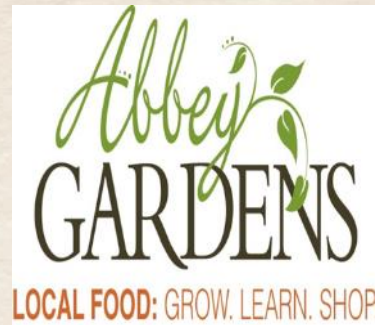
 **SIRCH Central** 
2 Victoria St., Haliburton
September 14 1-4pm
September 15 1-4pm
September 18 8-11am
OR
HKPR Health Unit
191 Highland St., Haliburton
Daily 8:30am-4:30pm (Before Sept 18)
Help Us Make The Apple Sauce!
Monday September 18 9am or 1pm
To Volunteer Please Call:
Diane McKnight 705-457-1742 Ext 27
Apple Sauce is distributed by Meals on Wheels & SIRCH Frozen Meals
Supported by Community Partnerships with:

Community Apple Sauce Project



Food Hub Abbey Gardens







Together creating a sustainable food system for our community

Strategic Directions 2017 – 2018

Food Policy

Increase the number of supportive local food policies and advocate for supportive regulations

Increase Local Food Production

Partner with other organizations and agencies to support initiatives that will increase local food production

Communication Plan

Increase awareness about the work of Harvest Haliburton and the importance of creating a sustainable food system



Backyard Chicken Facts

Raising backyard chickens is a growing trend, but prior to the 1960's it was common to see small animals such as chickens and rabbits being raised on family properties to provide food.

Concerns about sustainable food production, community food security, ethical treatment of animals, and passing practical knowledge to our children, have inspired many people to grow gardens and keep chickens.

Today, raising hens for personal egg consumption is returning in both urban and rural areas across North America. As of 2014 there were 40 Canadian municipalities that allow backyard chickens.

Many more municipalities are choosing to develop by-laws that permit and regulate urban chicken keeping.

The Benefits of Backyard Chickens

Improving Community Food Security

- Fresh eggs are a perfect food, high in protein and most essential nutrients
- Laying hens can contribute nutritionally dense food almost every day
- Backyard chickens can help low income households eat healthy food
- Keeping your own chickens provides the opportunity to control food quality
- Raising chickens increases the amount of food grown in the community
- Learning to raise backyard chickens can inspire people to become new farmers

Caring for the Environment

- 🐔 Chickens help recycle kitchen, garden, and yard waste
- 🐔 Chicken manure used as fertilizer greatly improves garden yields
- 🐔 Chickens can help control insect pests and unwanted plants
- 🐔 Backyard food production helps limit the carbon footprint of food shipping
- 🐔 Raising heritage breeds helps maintain biodiversity in agriculture
- 🐔 Chicken keeping helps teach children about our ecosystem and how to keep it healthy

Better Health and Social Well-Being

- 🐔 Keeping chickens helps youth and adults better understand our food system
- 🐔 Producing food at home encourages self-sufficiency and self-determination
- 🐔 Backyard hens help promote food sharing and social interaction among neighbours
- 🐔 Chickens can be companion animals which contribute to mental health by reducing loneliness, isolation and depression, as well as foster social activity
- 🐔 Chickens can provide entertainment to all ages
- 🐔 Raising chickens can help teach children biology, and caring for animals

Dig In!

A series of workshops about food.

Growing Preparing Preserving

Backyard Chickens



Starting or Growing a Food Business?



Selling Food to Ontario Workshop

Friday, April 15th, 2016

9:00am - 3:30pm

Haliburton County Council Chambers

11 Newcastle Street, Minden

Cost: FREE for those starting or growing a food business

includes am & pm refreshments

Bring Your Own Brown Bag Lunch

Register before April 11th

Join us to learn about..
Basics of Food Regulation
Market Opportunities
Food Trends
Labelling
One-on-One Networking with Local Resource People



Seating is limited.

To register please contact:

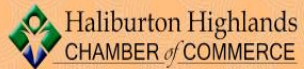
Autumn Smith

autumn@haliburtonchamber.com

(705) 457-4700

www.haliburtonchamber.com





Chamber Breakfast

Tuesday, September 5th
7:30 - 9:00 a.m.

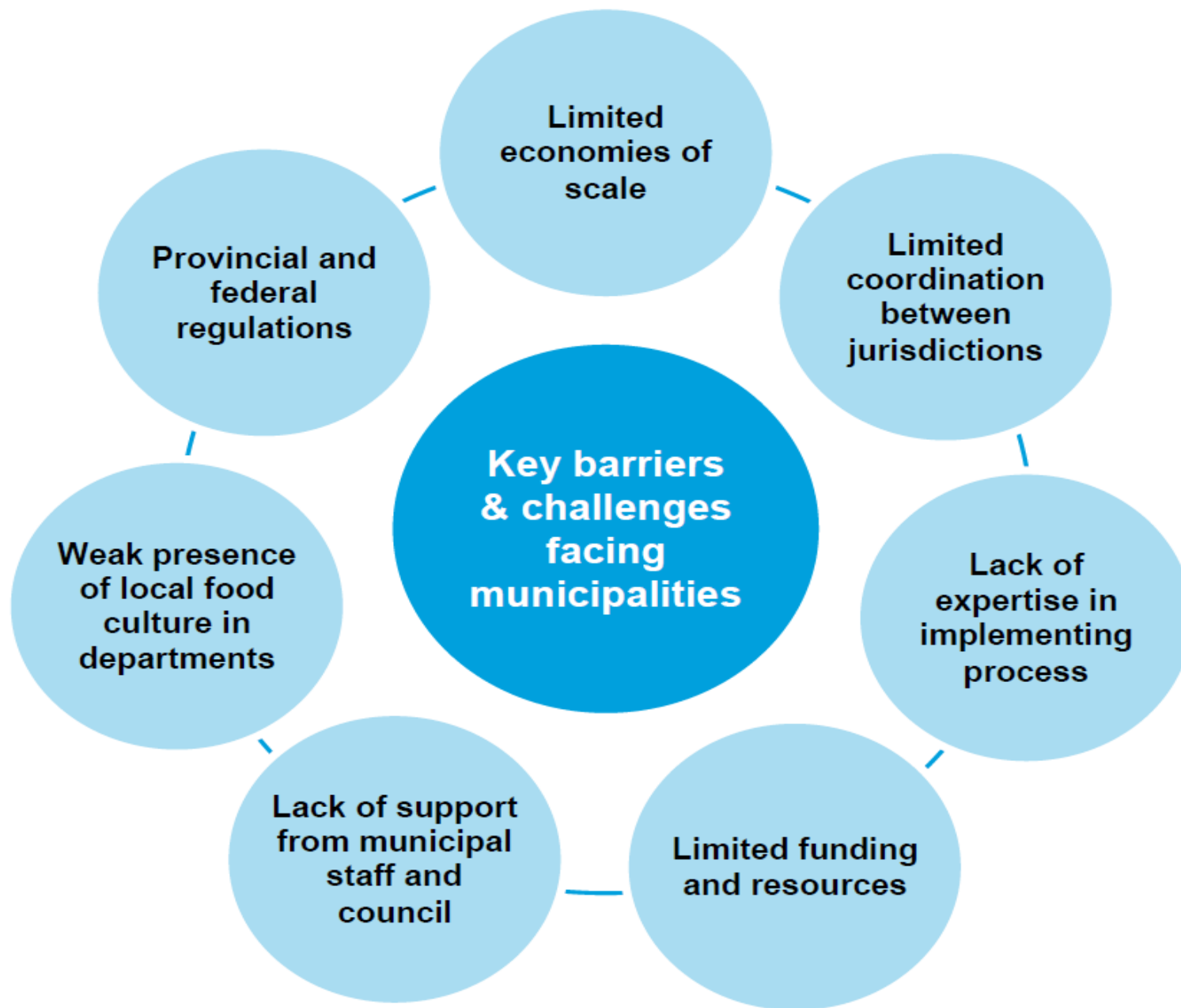


Join us for the launch of #MyChamber
and hear from Harvest Haliburton about their
impact on the business community.



[Click Here to Register](#)





Highlight Successes



- Involved with 3 OP reviews
+ supportive language change
- Representation from all municipalities actively participating with decision making
- Retained 80% CFA committee members
- Request to assist with by-law amendments for Backyard Hens

Keys to Success



Supportive Agencies & Organizations

- Local Health Unit
- OSNPPH Food System Working Group
- OMAFRA
- Ontario Healthy Communities Coalition
- Haliburton County Community Cooperative
- Sustain Ontario- Municipal/Regional Food Policy Group
- Municipalities

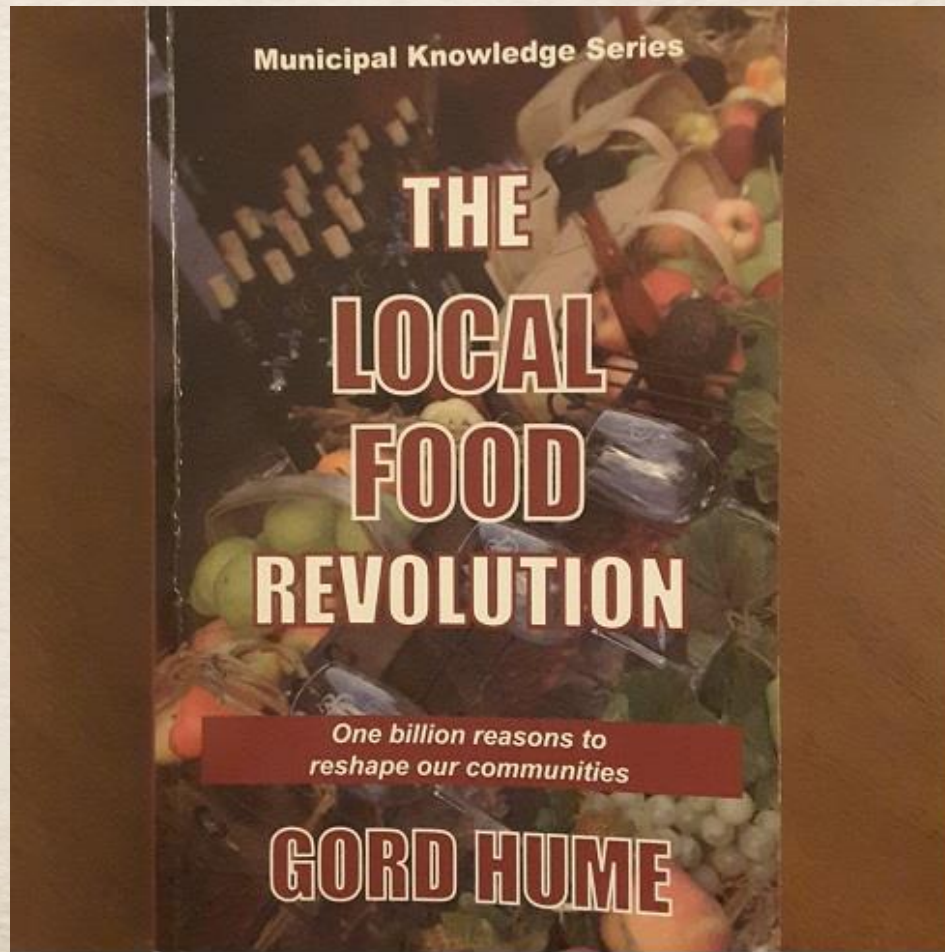




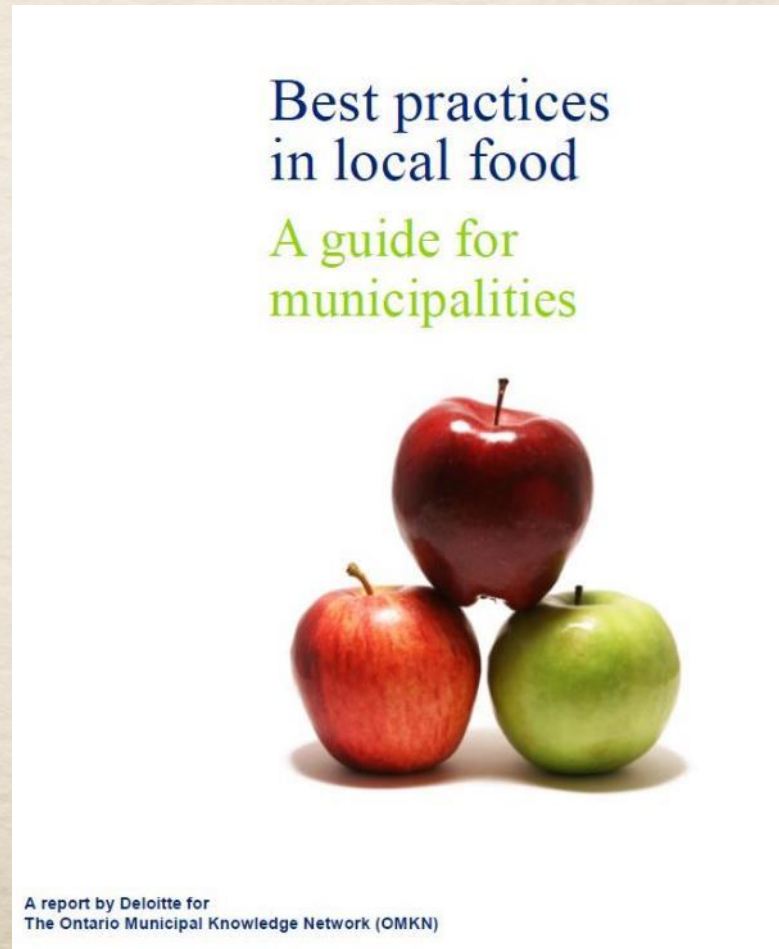
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HALIBURTON



Connecting Food with Municipal Decisions



<https://www.amo.on.ca/AMO-PDFs/Reports/2013/2013BestPracticesinLocalFoodAGuideforMunicipalities.aspx>



MUNICIPAL FOOD POLICY ENTREPRENEURS:

A preliminary analysis of how Canadian cities and
regional districts are involved in food system change



<http://tfpc.to/wordpress/wp-content/uploads/2013/05/Report-May30-FINAL.pdf>

Healthy *Communities*

AND PLANNING FOR

Food Planning for Food Systems in Ontario

A Call to Action



Ontario
Professional
Planners
Institute

Institut des
planificateurs
professionnels
de l'Ontario

Ontario Planners: Vision • Leadership • Great Communities



<http://ontarioplanners.ca/PDF/Healthy-Communities/2011/a-call-to-action-from-oppi-june-24-2011.aspx>

Thank you

Questions?

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